

# THE ISAAC FOUNDATION

*Empowering those touched by autism, one connection at a time.*

## EMOTIONAL SUPPORT

### Isaac's Clubhouse

A safe place for teens on the autism spectrum to congregate, explore interests and make connections with others in their community. Clubhouse hosts a summer camp, too.

### TREK (Teachable Moments • Reverse Inclusion • Education • Kinship)

TREK partners youth impacted by autism with peer-mentors and executive functioning coaches, to learn the skills needed to confidently access their community and demonstrate independence while navigating activities of daily living. For instance, how to ride the bus, pay bills or learn to grocery shop.

### Discovery Saturdays

A free, monthly themed program for all abilities youth birth to 12.

### Studio Events

Monthly fun activities and mini hands-on crafting events for special needs youth and Spokane community members to practice reverse inclusion.

### Parent Support Groups

Monthly Coffee Chats, Parents' Mix & Mingle and inclusive play dates at Riverfront Park give parents the opportunity to get out, unwind, and connect with other parents of children touched by special needs.

### Sibling Spotlight

Monthly meet ups designed specifically for neuro-typical youth who have a sibling touched by autism. It is a chance for these kids to connect with peers who can relate to their circumstances.

### Autism Friendly Family Events

Trick-or-Treat Practice Party, Autism Acceptance Month Celebrations, Sensory Supportive Easter Egg Hunt, Taste of Gingerbread Holiday event and so much more!

## EDUCATIONAL SUPPORT

### Isaac's Autism in the Wild Podcast Series

Topics related to support options and raising children with autism and special needs. Beneficial for parents, siblings, students, guardians, caregivers and more. Search *Isaac's Autism in the Wild* on iTunes, iHeart and Spotify.

### Isaac's Road Map to Autism Services

A free, comprehensive road map of resources for everything from assessments/screenings to educational/provider contacts.

### Parent Workshops

Workshops offered include everything from a parenting crash course that goes inside the mind of autism, to additional strategies to help special needs loved ones be successful.

## FINANCIAL SUPPORT

### Reduced Cost Weighted Blanket Program

Custom weighted blankets are available for a reduced cost to children with special needs.

### Exceptional Hockey Team Equipment Loan Program

Equipment is available for loan to help ensure that all children have the opportunity to play.

## AUTISM IN THE WILD SUPPORT PROGRAM

Tangible solutions that improve 911 emergency outcomes for individuals with special needs.

### Isaac Alert

System where guardians can register a home address caution note with local first responders in advance of a 911 emergency.

### Isaac's Fire Safety Learning Center

A simulated studio-style living space is used as a classroom where individuals with special needs learn developmentally appropriate interactions and critical life-saving fire safety skills with area first responders.

## COMMUNITY TRAINING

### Clock Hours for Educators

Inside the Mind of Autism is a course that helps educators manage challenging behaviors in the classroom.

### Community Partner Training

Community inclusion is more successful when local partners and employers have the training to be successful working with individuals with special needs.

### First Responder Training

Specialized trainings designed for Fire, EMS, Law Enforcement, Search & Rescue and Dispatch Responders.

