

# THEZONE

IN THE NEIGHBORHOODS OF NORTHEAST SPOKANE

# PROJECT

## Summary of Indicators and Strategies

Developed by Northeast residents and community partners at March and April 2019 “Shaping Our Success” Workshops. Participants used a Results-Based Accountability process to prioritize efforts to achieve results using past neighborhood goals, resident interviews, and neighborhood-level data.

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| <b>Result: Families Have What They Need to Thrive</b>  |
| <b>Indicator: Transportation Options and Accessibility</b>                                   |
| <b>Strategy:</b> Develop – Implement Shared Mobility Programs in the Zone                    |
| <b>Strategy:</b> Improve and Increase data collection relevant to transportation in the Zone |
| <b>Strategy:</b> Increase Public Investment in in Multimodal Transportation in the ZONE      |
| <b>Strategy:</b> Increase frequency and routes for Public Transit                            |
| <b>Strategy:</b> Implement low/ No Cost Fare Programs  |
| <b>Indicator: Access to Affordable and Safe Housing</b>                                      |
| <b>Strategy:</b> Rapid Re-Housing/ permanent housing with Wraparound Services                |
| <b>Strategy:</b> Mental Health Support   |
| <b>Strategy:</b> Connect Renters and Low-Income Home Buyers to Resources Through Navigators  |
| <b>Indicator: Access to Healthy Foods</b>  |
| <b>Strategy:</b> Increase Availability of Fresh Produce and Proteins at Food Banks           |
| <b>Strategy:</b> Increase Accessibility of Food Banks within Neighborhoods                   |
| <b>Strategy:</b> Create Opportunities to Grow Fresh Food in Neighborhoods                    |

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| <b>Result: Children and Youth are Safe and Nurtured</b>   |
| <b>Indicator: Parental Stress</b>   |
| <b>Strategy:</b> Increase Financial Literacy of Women with Children in the ZONE   |
| <b>Strategy:</b> Increase Opportunities for Job Training/Education/Skill Building with Childcare                        |
| <b>Strategy:</b> Create more Affordable Multimodal Transportation Options connected to Job Training                     |
| <b>Indicator: Youth Sense of Belonging</b>  |
| <b>Strategy:</b> Create more Meaningful Learning Options for Students both in School and Out of School Time Programming |
| <b>Strategy:</b> Offer Wraparound Supports including Mental Health at School  |
| <b>Strategy:</b> Expand Access to Transportation for Children and Youth for In and Out of School Time Activities        |
| <b>Indicator: Youth Mental Health and Depression</b>  |
| <b>Strategy:</b> Inform Youth, Parents, Families and Communities about Mental Health available Services                 |
| <b>Strategy:</b> Increase Protective Factors (Peer Connections, Mentors, Goal Setting, and Leadership Opportunities)    |

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| <b>Strategy:</b> Reduce the Stigma of Mental Health through Increased Community Conversation and Education   |
| <b>Result: Families and Residents are Engaged in School and Neighborhood</b>   |
| <b>Indicator: Feeling of Connectedness to School (Adults and Students)</b>   |
| <b>Strategy:</b> Increase wraparound services for families and students in schools   |
| <b>Strategy:</b> Facilitate cultural events and groups including advisory boards at schools  |
| <b>Strategy:</b> Utilize school buildings after school hours and summer for open gym, adult learning, public and private events, etc.                    |
| <b>Indicator: Sense of Belonging to the Community</b>  |
| <b>Strategy:</b> Increase Availability of Information in Multiple Languages and Formats  |
| <b>Strategy:</b> Organize Events/ Create Spaces that are Inclusive of the Neighborhood's Different Cultures (broadly defined)                            |
| <b>Strategy:</b> Increase Opportunities for Peer Groups to Form and Connect People, within the Neighborhood  |
| <b>Indicator: Adult Access to Mental Health Services and Community Support</b>   |
| <b>Strategy:</b> Activities and Events (e.g. Resource Fairs, Mental Health First Aid) to make people more aware of Mental Health and Available Resources |
| <b>Strategy:</b> Increase Access to Advocates (e.g. Patient Navigators and Community Health Workers)   |
| <b>Strategy:</b> Identify Creative Ways to Reduce Stigma of Mental Health  |